

Background



This program has been developed through several years of coaching and training. Camp director Larry "Bubba" Wright has worked with many top athletes to design a series of drills that maximize speed performance. These athletes include high school recruits, college all-Americans, and professional athletes. His 15 years of experience coupled with a caring and motivational staff, expose the athletes to one of the top athletic performance programs in the area.

Finish Line Sports

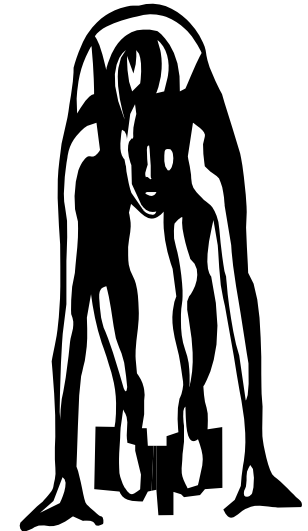
470 Olive Branch Rd
Weatherford, TX 76087
817-694-3155

***Please make all
checks payable to
Larry Wright**

**(payment is due on day
of attendance)**

Finish Line Sports

Speed and Agility
Training



Feel the *Inertia!*

Phone: 817-694-3155

Programs for Improving Athletic Performance



Speed Training Course

Finish Line Sports speed course is a unique program designed to progressively improve athletic speed and agility. Combining cutting edge iso-kinetic drills with carefully applied strength and flexibility principles, the athlete can expect significant improvement in functional agility, power, speed, mobility, and conditioning.

At the end of the course, not only will performance improve, but the athlete will achieve a greater knowledge of body movement efficiency and flexibility.

In addition to this training, athletes will have access to a sports medicine physician with 16 years of experience in the field.

Program Features

- Orientation of proper technique and safety
- Progressive drills to improve foot speed and direction change
- Balance drills
- Emphasis on importance of flexibility



Payment Information

Cost: \$90.00/month

Dates: Begins May 4th

Location: Bock High School Track

Time: Mon. and Th. @ 6:00 pm

Athlete: _____

Grade: _____

Emergency Contact:

Emergency Phone:

Release of Liability

I hereby waive and release for myself and my child any and all rights or claims I may have against Finish Line Sports or any school facility in which Finish Line Sports are conducted, and any agents or employees for any injury or illness that may occur from participation in a Finish Line Sports course.

Guardian Signature

Date _____

*Due to potential for injury, sessions will be rescheduled if temperatures are below 40 degrees or inclement weather.